



## Feelin' Groovy

If you know anyone who grew up in the 1970s, they've probably told you a few times about how much fun they had in the "pre-internet" era running around their neighborhoods until the street lights came on. Take a trip to the '70s by enjoying some of these fun activities!



### Make a Lava Lamp

Lava lamps were popular items in home décor in the 1960 and early 70s. Learn how to make these liquid motion lamps from Camp Happy Counselor Sona Kukreja who shows us how on [this video](#).



### Talking Jive

People who grew up in the '70s spoke in a language that seemed really strange – and often funny to young people today. See how many 1970s slang words and phrases you've heard of and try to find them in our [customized word search page](#).



### Wearable Tie-Dye

Have you ever made a tie-dye piece of clothing? Well here's a [step-by-step page](#) on how to do so. Our Camp Happy Counselor Sami Bowling put together a few tips just for you!



### Pet Rock

One of the most fun things for kids to do in the 1970s was to make and keep a pet rock. It's simple: find a rock a little bigger than the size of the palm of your hand. It's best if the rock is smooth on at least one side. Then, find some paint or markers from any crafts you have left over from school and carefully draw a face on your pet rock: two eyes, a nose and a smile. You can add eyebrows too. If you yarn and glue, you can give the rock 'hair'. Be sure to name your pet rock!



### Journal Entry

There's much to rap about in your journal today! Take some time and jot down the highlights of your day!

